Smoking cessation care pathway

GP, hospital and other health service visits







ALL WOMEN

First pregnancy appointment and 28 week gestation appointment.

Offer CO monitoring, if available.

ALL WOMEN WHO SMOKE

All remaining antenatal appointments and at the 6-week postnatal checkup.

* Recently quit: Women who either spontaneously quit (women who quit on finding out they are pregnant) or who quit during the pregnancy

ASK

CHECK AND DOCUMENT SMOKING STATUS:

- · Currently smokes
- Recently quit*
- · Previously smoked
- Never smoked

ADVISE

- For smokers and recent quitters*, advise on the importance of avoiding relapse and of quitting completely, not just reducing
- The benefits of quitting and staying smoke free for woman and baby
- The best way to quit and stay quit

Provide smoking cessation resources

HELP

- Send Quitline referral if smoking or just quit
- Send Quitline referral if CO reading >4ppm
- Consider Quitline referral if recently quit*
- Consider NRT prescription

ASK

CHECK AND DOCUMENT SMOKING STATUS:

- Currently smokes
- Recently quit*

ADVISE

- For smokers and recent quitters*, advise on the importance of avoiding relapse and of quitting completely, not just reducing
- The benefits of quitting and staying smoke free for woman and baby
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HELP

- Provide smoking cessation resources
- Send Quitline referral if smoking or just guit
- Consider Quitline referral if recently quit*
- Consider NRT prescription

QUITLINE REFERRAL

- If at any stage, the woman declines Quitline referral provide resources and consider NRT prescription.

 National Quitline Number: 13 78 48
- Quitline informs the Health Service/practitioner of the outcome after each referral











