

Who is this eLearning module designed for?

All practitioners providing maternity care are encouraged to undertake the Safer Baby Bundle eLearning module to support the provision of best practice care.



Midwives



Obstetricians



General practitioners (GPs)



Health workers

Join the team that's reducing stillbirth in Australia

The National Health and Medical Research Council (NHMRC) Centre of Research Excellence in Stillbirth (Stillbirth CRE) eLearning provides evidence-based and collaboratively designed learning resources for healthcare professionals working with pregnant women.

START TODAY:
learn.stillbirthcre.org.au



WORKING TOGETHER TO REDUCE STILLBIRTH

Accredited by the Australian College of Midwives, the Royal Australian and New Zealand College of Obstetricians and Gynaecologists and the Australian College of Rural and Remote Medicine.



The Safer Baby Bundle evidence-based eLearning module provides a suite of educational resources based on the latest clinical best practice in stillbirth prevention.

Reducing preventable stillbirth

Stillbirth is a personal tragedy for the families involved and a serious public health problem with far reaching social, emotional and financial burdens on all involved.

The rate of stillbirth in Australia is higher than other top performing countries. In many cases stillbirth is preventable and research shows 20-30% of late gestation stillbirths could be avoided with better care.

The Safer Baby Bundle evidence-based eLearning module provides a suite of educational resources based on the latest clinical best practice in stillbirth prevention.

- ✓ Best practice recommendations for stillbirth prevention
- ✓ Implementation tools including **NEW** care pathways
- ✓ Education program collaboratively co-designed by health professionals for health professionals
- ✓ Six 20 minute chapters, accessible on mobiles, tablets and PCs
- ✓ Interactive learning including videos, quiz style questions and case studies
- ✓ **FREE** educational training
- ✓ Accredited CPD points
- ✓ Downloadable resources to share with women

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The Safer Baby Bundle eLearning Module – what's covered?



1. Introduction

Learn about the significance of the Safer Baby Bundle in reducing stillbirths in Australia and globally.



4. Decreased fetal movements (DFM)

Pregnant women often delay reporting concerns of DFM to health care professionals. Improved detection and reporting is a key strategy in preventing stillbirth.



2. Smoking cessation

This chapter will help you to inform women about the risks of smoking and to support them to stop smoking during pregnancy.



5. Side sleeping

Research shows that women going-to-sleep on their side from 28 weeks halve their risk of stillbirth, compared to going-to-sleep on their back. This chapter provides advice about sleeping positions during pregnancy.



3. Fetal growth restriction (FGR)

'FGR is strongly associated with stillbirth, and if not detected then stillbirth is eight times more likely.



6. Timing of birth

The chapter will help you to improve communication and shared decision-making about the timing of birth for women with risk factors for stillbirth using the '5 STEPS' approach.



7. Safer Baby Bundle assessment

A short multiple choice assessment 'will test your learnings from the Safer Baby Bundle eLearning module and a certificate will be provided.

Midwifery continuity of care

In addition to the five bundle elements, we emphasise the need for maternity services to address the other important aspects of best practice care to reduce stillbirth rates. This includes the recommendation that maternity services increase the availability of midwifery continuity of care models to all women (reducing the risk of fragmentation of care), and in particular, for women at increased risk of stillbirth.